

Harford County Department of Parks and Recreation ACPR GYMNASTICS RECREATION COUNCIL

WINTER GYMNASTICS 2019

PAY WITH CREDIT! ONLINE REGISTRATION

Classes start Monday, January 14, 2019 Churchville Rec. Center, 111 Glenville Rd., Churchville

FOR BOYS AND GIRLS AGES 15 MONTHS TO 5 YEARS

FOR BOYS AND GIRLS AGES KINDERGARTEN TO 18 YEARS

Monday Classes 1st class will be held on January 14th (No class January 21st) Class Name <u>Time</u> 9:30 am-10:15 am PnT2 9:30 am-10:20 am **Tumble Tots** 10:30 am-11:20 am **Tiny Tots** 10:30 am-11:20 am **Super Tots** 11:30 am-12:15 pm PnT1 12:30 pm- 1:15 pm PnT2 12:30 pm- 1:20 pm **Tumble Tots** 1:30 pm- 2:20 pm Tiny Tots 4:30 pm- 5:30 pm 7 to 8 yrs Beginner 5:00 pm- 5:50 pm **Tumble Tots** 5:30 pm- 6:30 pm *Intermediate 6:00 pm- 6:45 pm PnT2 6:30 pm- 7:30 pm 5 to 6 yrs 7:00 pm- 7:50 pm Tiny Tots

<u>Tuesday Classes</u>			
1st class will be held on January 15th			
<u>Time</u>	<u>Class Name</u>		
9:30 am-10:20 am	Tiny Tots		
10:30 am-11:20 am	Tumble Tots		
11:30 am-12:15 pm	PnT2		
1:00 pm- 1:50 pm	Ninja Tots		
2:00 pm- 3:00 pm	Homeschool, 5-7 yr olds		
3:00 pm- 4:00 pm	Homeschool, 8 & up		
4:30 pm- 5:30 pm	Boys only, 7 and older		
5:30 pm- 6:20 pm	Tiny Tots		
5:30 pm- 6:30 pm	Basic Tumbling & Tramp		
	5-6 yr olds		
6:30 pm- 7:15 pm	PnT1		
6:30 pm- 7:30 pm	Basic Tumbling & Tramp		
	7 yrs & up		
7:30 pm- 8:20 pm	Tumble Tots		
7:30 pm- 8:30 pm	Inter. Tumbling & Tram		
8:15 pm- 9:15 pm	Adv. Tumbling & Tramp		

Wednesday Classes			
1st class will be held on January 16th			
<u>Time</u>	<u>Class Name</u>		
9:30 am-10:15 am	PnT1		
9:30 am-10:20 am	Super Tots		
10:30 am-11:15 am	PnT2		
10:30 am-11:20 am	Tumble Tots		
11:30 am-12:20 pm	Tiny Tots		
12:30 pm- 1:15 pm	PnT2		
12:30 pm- 1:20 pm	Tumble Tots		
1:30 pm- 2:20 pm	Super Tots		
4:30 pm- 5:30 pm	7 to 8 yr olds		
5:30 pm- 6:30 pm	5 to 6 yr olds		
6:30 pm- 7:30 pm	7 to 8 yr olds		
7:30 pm- 8:30 pm	9 yrs and older		

Thursday Classes 1st class will be held on January 17th Class Name <u>Time</u> 9:30 am-10:20 am **Tumble Tots** 10:30 am-11:20 am **Tiny Tots** 11:30 am-12:20 pm Ninja Tots 4:30 pm- 5:30 pm 5 to 6 yr olds PnT2 5:00 pm- 5:45 pm 5:30 pm- 6:30 pm 7 to 8 yr olds 6:00 pm- 6:50 pm Tiny Tots 6:30 pm- 7:30 pm 9 yrs and older 7:00 pm- 7:50 pm **Super Tots**

Friday Classes			
1st class will be held on January 18th			
<u>Time</u>	<u>Class Name</u>		
9:30 am-10:20 am	Ninja Tots		
10:30 am-11:20 am	Super Tots		
11:30 am-12:15 pm	PnT2		
12:30 pm- 1:20 pm	Tiny Tots		
1:30 pm- 2:20 pm	Tumble Tots		
4:30 pm- 5:30 pm	*Intermediate		
5:30 pm- 6:30 pm	5 to 6 yr olds		
6:30 pm- 7:30 pm	7 to 8 yr olds		
7:30 pm- 8:30 pm	5 to 6 yr olds		

Saturday Classes			
1st class will be held on January 19th			
<u>Time</u>	<u>Class Name</u>		
9:00 am- 9:45 am	PnT2		
0:00 am-10:50 am	Tumble Tots		
1:00 am-11:50 am	Tiny Tots		
2:00 pm- 1:00 pm	7 to 8 yr olds		
2:00 pm- 1:00 pm	5 to 6 yr olds		
1:00 pm- 2:00 pm	*Intermediate		
2:00 pm- 3:30 pm	**Advanced■		
	■Note: Fee for this class only—\$190		

ACPR GYMNASTICS is located at the Churchville Recreation Center, 111 Glenville Rd., Churchville, MD 21028. We have over 22,000 square feet of gym space. Our training equipment includes vaulting area, beams, 2 full size floors, uneven bars, foam and resi pits, tumble trak and rod floor tumbling areas and trampolines.

Classes will be held on a first come, first served basis, contingent upon sufficient registration. There will be no refunds or transfers of registration. Payment must be made at the time of registration. Unless you are otherwise notified, you may assume that the class will be held as scheduled. Your cancelled check will be your receipt. There are no makeup classes offered.

Classes will run for 12 weeks; no classes on January 21st (Martin Luther King's birthday), February 18th (Presidents' Day), March 1st (4:30 pm on), March 2nd & 3rd (all day), March 15th (4:30 pm on), March 16th & 17th (all day)

CLASS DESCRIPTIONS

PRESCHOOL CLASSES

PnT1—Parent and Tot 1—ages 15 months to 24 months, 1 adult attends class w/child PnT2—Parent and Tot 2—all 2 year olds, 1 adult attends class w/child

Tiny Tots—all 3 year olds

Tumble Tots—all 4 and 5 year olds

Super Tots—all 4.5 and 5 year olds

Ninja Tots—all 4 and 5 year olds, gymnastics mixed with strength and agility training KINDERGARTEN THRU AGE 18 YEARS OLD

5 to 6 years old—beginner level

7 to 8 years old—beginner level

9 and up—beginner and intermediate levels

Basic Tumbling & Tramp—basics of tumbling and tramp

*Intermediate or Int. Tumbling & Tramp —skills required—backbend or kickover,

and a round-off

**Advanced or Adv. Tumbling & Tramp —skills required—back handspring

Checks are made payable to ACPR GYMNASTICS or

REGISTER ONLINE AT www.acprgymnastics.siplay.com

REGISTER BY MAIL AT:

ACPR Gymnastics P.O. Box 248 Churchville, MD 21028

Questions? Call 410-638-4109 x7969 Website—<u>www.acprgymnastics.com</u> E-mail—<u>corngym@comcast.net</u>

CLASS TIME:
CLASS TIME:
CLASS TIME:
ZIP:

DISCLOSURE STATEMENT

I do hereby expressly agree to release Harford County, Maryland, a body corporate and politic of the State of Maryland, and its elected and appointed officials, agents, officers, and employees, from all liability arising from any harm or injury, including death, sustained by me while participating in this program. I understand that there is an inherent risk involved in any program. I certify, by my signature, that I understand this and agree. I also certify that my child is physically capable of participating. I will make the instructors aware of any allergies and/or medical problems. By my signature I acknowledge my understanding of the Concussion Information, SB771/HB858, which requires that all parents/guardians and athletes be made aware of the dangers a concussion may have on an athlete. This can be found at the Center for Disease Control, www.cdc.gov/headsup/youthsports/index.html. Also the Sudden Cardiac Arrest, HB 427, which requires that all parents and athletes be made aware of the dangers that sudden cardiac arrest may have on an athlete, found at www.nhlbi.nih.gov/health/health-topics/topics/scda. Further information on both can be found by calling 1-800-232-4636.

Parent Signature _	Date	
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